Tread Lightly in the Park

September 2013

Cairngorms National Park Ranger Services Countryside Events

Every Friday in September (6th, 13th, 20th & 27th) 10am - 11.30am HEALTH WALK

Easy, low-level ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate. Booking: essential

Contact: 01339 886072 or ranger@glentanar.co.uk Meet: Glen Tanar Visitor Centre Car Park, Glen Tanar or pick up in Aboyne Cost: FRFF Glen Tanar Charitable Trust Ranger Service

September 1st & 15th 2pm – 3.30pm **FABULOUS FUNGI**

Fungi for beginners. Meet: Glen Tilt Car Park, by Blair Atholl Cost: adults £3 Atholl Estates Ranger Service

September 1st Ipm – 4pm LIVING IN THE PAST

A walk in Glen Lui – picture yourself in this historic landscape, and imagine how life might have been in these 15th Century townships. Sorry no dogs. Easy walk, partly rough ground. Booking: essential Contact: 01339 720164 Meet: Mar Lodge Estate, nr Braemar Cost: adults £5, child U-16 £2.50 National Trust for Scotland Ranger Service

September 6th **GATHERING CEILIDH**

8nm - 12am

Be entertained with a superb ceilidh band at this traditional event in the stunning location of Mar Lodge's Stag Ballroom. Booking: essential Contact: 0|339 720|70 or hlewis@nts.org.uk Meet: Mar Lodge, nr Braemar Cost: £20 per ticket (includes light supper) National Trust for Scotland Ranger Service





Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of countryside events that encourage people to learn about the National Park. A list of events can also be found on www.cairngorms.co.uk or ask at your accommodation, local Visitor Information Centre or Ranger base.

September 8th 10am - 4pm MAR LODGE OPEN DAY

An opportunity to view the public rooms of the Lodge, and the magnificent Ballroom containing almost 2500 stags heads. Various activities and displays plus teas/coffees available. Booking: not required Meet: Mar Lodge, nr Braemar Cost: adults £3, children & members FREE

National Trust for Scotland Ranger Service September 8th 2pm – 4pm

MYSTERIOUS MUSHROOM MEANDER Life without fungi would not be easy, a bit pongy and a lot less exciting. Come along and find out more about these extraordinary organisms. Booking: essential - by 4pm 6th September Contact: 01479 873706 or duncan.macdonald@highland.gov.uk

Meet: place given out on booking Cost: adults £5, conc £3 Highland Council Ranger Service

September 12th I I am - 3pm CELEBRATE GLEN DOLL'S NATURE

To celebrate the Year of Natural Scotland 2013, join the Ranger on a natural history walk to observe the variety of Flora and Fauna of the Glen. Stout shoes, appropriate clothing and packed lunch required. Bring binoculars if you can. Booking: essential Contact: 01575 550233 Meet: Glen Doll Ranger Base Cost: FREE Angus Glens Ranger Service

September 15th 9.30am - 4.30pm **BEGINNERS NAVIGATION SKILLS**

A classroom session to look at maps and compass work, followed by practical work in the Glen to practise the skills learned. Stout shoes, warm clothing & packed lunch. Booking: essential - spaces limited to 10 Contact: 01575 550233 Meet: Glen Doll Ranger Base Cost: £26.25 DD Angus Glens Ranger Service

September 15th 10am - 3pm TOWNSHIPS OF UPPER GLEN MUICK

Come and explore the abandoned townships of Upper Glen Muick.Visit abandoned houses, corn kilns and still houses and learn how people survived in this harsh environment over 200 years ago.

A rough mountain walk, with several steep and boggy sections. Good level of fitness required. Bring a packed lunch.

Booking: essential Contact: 01339 755059 Meet: Spittal of Muick Visitor Centre Cost: FREE Balmoral Estate Ranger Service

September 15th FASCINATING FUNGI

2pm - 4.30pm

A beginner's guide to the fascinating array of fungi to be found in the pinewoods, including toadstools with teeth! Easy walk. Sorry, no dogs. **Booking:** essential Contact: 01339 720164 Meet: Mar Lodge Estate, nr Braemar

Cost: adults £5, child U-16 £2.50 National Trust for Scotland Ranger Service

September 21st 10am - 4pm VOLUNTEER DAY WITH JMT

Hands on conservation day with the John Muir Trust North East Group at Glen Tanar Estate. **Booking:** essential Contact: 013398 86072 or ranger@glentanar.co.uk Meet: Glen Tanar Visitor Centre, Glen Tanar Cost: FREE Glen Tanar Charitable Trust Ranger Service

September 22nd 10.30am - 12.30pm FANTASTIC FUNGI

A beginner's guide to fungi identification and folklore Booking: not required Meet: The Hermitage, by Dunkeld Cost: adults £4, children £2 National Trust for Scotland Ranger Service

KNOW THE CODE **BEFORE YOU GO**

Year of Natural Scotland 2013

Make it Yours

www.visitcairngorms.com

Tread Lightly in the Park

September 2013

Cairngorms National Park Ranger Services Countryside Events

September 24th & 25th 7.30pm – 9.30pm DARK WOODS EVENT

Be taken on a journey through the woods by storytellers and performers, and experience the strange sounds and beautiful illuminations around the 'Giants in the Forest'. Booking: essential Contact: 01479 821565 ranger@nethybridge.com Meet: Nethy Bridge Community Centre Cost: donation

Explore Abernethy Ranger Service

September 27th Bat Walk

7pm – 9pm

Ever wondered what bats do for us? Or how they find their way in the dark? Join us for a bat walk in Grantown to find out what bats we have around us. Please dress warmly.

Prease dress warmly. **Contact:** 01479 873914 or <u>saranne.bish@highland.gov.uk</u> **Meet:** Kylintra, opposite the Craiglynne Hotel, Grantown-on Spey <u>Cost:</u> adults £5, conc £3 Highland Council Ranger Service California Ca



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